

Wellness Program Report August 2017

- CRC fitness room usage: **June** 18 individuals, 103 uses; **July** 9 individuals, 36 uses
- Updated wellness webpage
- Contacted local gyms to negotiate new contract
- Contacted group exercise instructors to prepare for next year
- Contacted Weight Watchers to contract for next year's program
- Contacted local vendors to attend this year's health fair
- Secured flu vendor
- Created focus for next year's programs
 - Creating content for programs and communications
- Working with Health Enhancement Systems to set up for this year's program
 - Feel Like a Million
- Attended Healthy Living 2020 Coalition meetings and sub-committee group
 - Worked with accelerator group on wellness seminar